

# THE PASSIONATE LIFE OF MRS GREN

## The Passionate Life - Excretion

### Excretion is Spiritual

The body needs to \_\_\_\_\_.

*(Ephesians 4:31, p. 975, Galatians 5:19-21, p. 971, Matthew 7:5, p. 808)*

Excretion promotes \_\_\_\_\_ and \_\_\_\_\_.

Without excretion, the body is \_\_\_\_\_.

Poisonous toxins promote \_\_\_\_\_ and \_\_\_\_\_.

Toxins \_\_\_\_\_ and \_\_\_\_\_ life.

### Two Primary Categories of Toxins *(Hebrews 12:1, p. 1002)*

\_\_\_\_\_ that entangles.

Everything else that \_\_\_\_\_. *(Philippians 3:4b-9, p. 978)*

### How to Promote Healthy Excretion

\_\_\_\_\_ to change. *(Hebrews 12:1, p. 1002, 1 Peter 2:1, p. 1008)*

\_\_\_\_\_ to God's supernatural \_\_\_\_\_.

*(Psalm 139:23-24, p. 523)*

Prayer: Lord, I want a passionate life with You. Search me. Cleanse me.

Lead me in your ways. Help me rid my life of the toxins that are poisoning my life.

**Life Group Questions:**

Read Hebrews 12:1, Galatians 5:19-21

The weekend message stated that when we refuse to eliminate sin from our lives that we become spiritually toxic.

1. Do you remember a season in your life that you would identify as very "toxic"? What made that season "toxic"? What behaviors were you involved in and what attitudes did you emulate?
2. Why do you think so many people allow toxins to build up in their lives?
3. Have you had physical or emotional set backs that you can now see were the result of being spiritually toxic?

Read Psalm 139:23-24

Now Pray Psalm 139:23-24

4. Is the Holy Spirit revealing an attitude or behavior He wants you to eliminate? Is He revealing a relationship that needs repaired through forgiveness?
5. How can the group best encourage you to take the necessary steps to rid your life of the spiritual toxins that are holding you back?

Prayer Time: Pray for each other to strengthen the desire to allow God to lead you in His ways and to remove anything that hinders your growth.